



THE HAWK'S REPORT

ONE HOLLEY

DECEMBER 2022



Message from the Principal

As we head into the holiday season, I would like to thank the Holley community for their support, patience, and kindness.

I look forward to our holiday concert on Thursday, December 8, 2022, at 7:00pm. Our choirs and bands have been preparing throughout the fall in order to provide a relaxing evening in which we all can come together as a community to support the arts. We hope not only parents, but community members who love music join us in celebrating the holidays through music.

If you do attend, we ask that you stay for the entirety of the show. I know it is essential we celebrate each musician; however, it is also essential we support the groups as a whole. I hope the crowd is as strong for the last song as it is for the opening. Our musicians look forward to entertaining our community and have dedicated hours of practice in ensuring it is an enjoyable night for all.

Winter sports are also up and running. Please check the athletic schedule for times and locations of our basketball games and wrestling matches. Our athletes love playing in front of a full crowd cheering them on. We look forward to bringing back our student section, The "X" Factor, this year. We know music and sports bring us closer together to share in our hometown pride.

I hope you truly have a wonderful holiday season. I look forward to seeing many of you at our concert and athletic events. If you need to reach me at any time, do not hesitate to do so at 585-815-5459.

Thank you,
Mr. Feldman

IMPORTANT EVENTS

December 1 - PTSA Meeting
4:30PM - ES Rm 49

December 3 - SAT Exam

December 8 - MSHS Winter
Concert - 7pm HS Auditorium

December 9 - 1/2 day, Staff
Development Day. We will run
periods 5-8.

December 10 - ACT Exam

December 19 - Board of
Education Meeting at 6pm

December 26- January 2 - No
School, Holiday Recess



Mental Health Minute

Throughout the course of a student's life, they will encounter a variety of different things ranging from great friendship to difficult conflicts. During adolescence students may struggle to see perspective outside of their own world. It can be very easy for a student to get wrapped up in the drama or a conflict happening in their life, losing sight of the bigger picture. This can be conflict with a peer, a teacher, or a family member. To the student the world may feel like it is ending, but as adults we know that this conflict is part of life. When helping your child work through these conflicts, it can be helpful to review with them the size of the problem. Is this problem a big deal, little deal, or not their deal at all?

Big Deal: A big deal on paper is the easiest thing for a student to identify. A big deal is when a person's safety is at risk. This means that if your child is in danger of being hurt by someone, hurting themselves, hurting someone else, or someone that they know is in danger, then this is a big deal. It is an important time to review with your child that this is when they need to tell a safe adult immediately. This can be someone at home or at school that they trust will keep them safe.

Little Deal: A little deal is the most common problem a student will face. While it may often feel like a big deal to the student, no one is in immediate danger, and it is something that they will be able to work through. An example of a little deal may be that your child has gotten in a fight with their long-time friend. While this is very upsetting to the student, no one is in immediate danger, and it is something the student can work through with various coping strategies. The term "little deal" should not be confused with minimizing the situation. We are not trying to convey to the student that their issue is not important. The main message is that while this is very important to them, no one is in danger, and this situation can be handled at an appropriate time, it is not an emergency.

Not their deal: This is the most confusing area for students to comprehend. Your child will feel a sense of loyalty to their friends, which is a positive, but can quickly turn into a problem. Students easily get wrapped up in the drama happening between two friends. This can turn into taking sides and often consume much of your child's thoughts and time. Your child may send a snapchat to someone, their idea of defending their friend, but it ends up inserting them into the drama. This can lead to consequences or more issues for your student. If your child comes to you with a situation happening between two other people you can remind them it is not their deal, and these two people will need to work it out. Unless someone is in danger, they do not need to get involved.

Students will go through conflict and drama in their lives, and this is a very normal thing. It is important that when they are experiencing these taxing emotional situations, as adults we validate their feelings, but work with them on the size of the problem. Helping students put these things in perspective can allow them to create healthy habits when it comes to problem-solving. Learning these skills now will only help them as they enter adulthood!



Hawk Talk (Athletics)

Be sure to sign up to receive notifications for your student athlete's Winter season using the link below. All Winter Varsity game schedules are live. Modified games will be posted as soon as league schedules are completed. [Click here](#) for the link to daily schedules.

Upcoming Start Dates

Winter 2022:

Monday, January 17: Modified Girls & Boys Basketball. Registration will be open on Family ID on December 17th

Spring 2023:

Varsity and JV: March 13 (Registration Open February 13)

Modified April 17 (Registration opens March 17th)

Art

All 7-12th graders in Art Club are creating "Winter Wonderland" posters for the Holley tree lighting ceremony. Come out to the Holley Town Square on December 3rd from 6:00-6:30pm to see our students' masterpieces!

Music

All are invited to attend this year's Holley Jr/Sr High School Winter Concert on Thursday, December 8th at 7pm! There will be performances from the Middle School Band and Choir, Jazz Band, as well as the Concert Choir and Band. The students are excited to share all of the hard work they have put in over the first few months of the school year, so come support your Holley Music Department!

Library

Students have been working hard in the library! During Makers Fridays, students have learned about Dia De Los Muertos and the history of Veteran's Day. Our readers have been enjoying the atrium, and many have participated in the Where's Waldo Challenge that helps students get more familiar with the locations of library resources; come check it out!

Several students attended a live webinar presented by Julie Smith, a professor at Webster University and nationally acclaimed media literacy expert, in which ways to set oneself up for success using their digital footprint was discussed. Also, be sure to **book** it to the library to take a look at our Thanksgiving display of cookbooks!

